Sharks Group

Students enrolled in this group are often ready to learn the following 3 cores social skills:

- 1. **Emotional Regulation** (recognize, label, and regulate their feelings demonstrate empathy toward others, read others emotions and body language).
- 2. **Listening and Talking** (greets, initiates talking, make comments, ask questions, listens and follows rules in games, share ideas, ask to talk, relates ideas during games) participate cooperative play, resolve con of the classroom.
- 3. **Building Friendship** (participate cooperative play, resolve conflicts with peers, decide who to play with, share ideas, problems solve simple conflicts, learns to follow rules, share and turn take, apply imagination)

Sharks Curriculum Outline

Listening and Talking

- Asking and Answering questions
- Starting a conversation
- Expanding conversation/commenting
- Joining a conversation/Sharing Ideas
- Following Directions
- Ignoring
- Learning active listening

Building Friendship

- Inviting someone to play
- Joining ongoing play
- Giving peers directions
- Accepting directions from peers
- Using imagination
- Being a good sport
- Accepting change in play
- Standing one's ground
- Transitioning from play

Body Language/Emotional Regulation

- Reading 7 universal body language
- Reading 7 facial expressions
- Expressing one's feelings
- Understanding other's feelings



Penguins Group

All for 3's Penguins program is for students with communication and social skills abilities of ages between 3 - 4+. Students enrolled in this group are often ready to learn the following 3 cores social skills:

- 1. **Emotional Regulation** (recognize, label, and regulate their feelings demonstrate empathy toward others, read others emotions).
- 2. **Verbal Communication** (listening, sharing ideas, asking questions, answering questions, greetings, telling simple stories etc.)
- 3. **Playing Together** (play skills, turn-taking, solving problems, standing your ground, knowing to ask for help, talking it out)

Penguins' Curriculum Outline

Chatterbox

- Asking and Answering Questions
- Talking with friends
- Sharing ideas
- Showing off
- Sharing problems
- Listening to others
- Telling stories
- Greeting others

Playing

- Pretend/imaginative play
- Learning to wait turns/Turn-taking
- Learning to share toys
- Playing by the rules
- Inviting someone to play
- Joining ongoing activities

Emotional Regulation

- Reading five facial expressions
- Practicing self control
- Reading five universal body gestures
- Identifying how you feel
- Sharing how you feel

