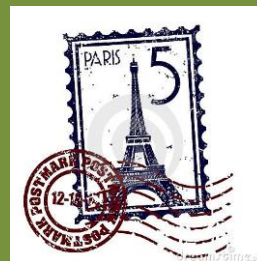
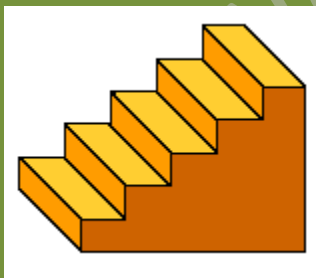
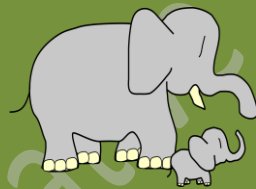




**Steps:**

1. Stand in front of a mirror
2. Have him place his tongue up on the roof of his mouth (or the spot)
3. Right behind his two upper front teeth
4. Bite tight
5. Do this for 5 X, relax and then again 5X relax
6. Have him place his tongue at the same spot and practice saying the following words



Spy, Snow, Stick, Silly, Snake, Small, Son, , Smack ( say each word 5X, relax and practice again).